






Welcome

Term 1 Week 6 | Thursday 4 March, 2021

Diary Dates

TERM 1		
Week 10	Tuesday 30 March Wednesday 31 March Thursday 1 April	School Photo Days 
	Thursday 1 April	
TERM 2		
Week 1	Tuesday 20 April	

From the Principal

Crossing at Hawkesbury Road

I have noticed an increasing number of parents and carers crossing Hawkesbury Road away from the pedestrian crossing at the traffic lights. The council have provided fencing to prevent pedestrians crossing Hawkesbury Road right up to the driveway of the school but cannot provide fencing beyond the driveway as cars need to access the school. Crossing at this place is particularly dangerous and sets a bad example for our students.

Please cross at a safe location such as at the lights at the corner of Priddle Street or further down near the shopping centre.



School Beautification

Recently we opened the extension to the kindergarten playground. I would like to thank Julie Owens and the Federal Government for the grant of \$20,000 from the Local Schools Community Fund to assist with the construction of this much needed space. Kindergarten 2021 thoroughly enjoy their extended playground.



Last week our K-2 amphitheatre construction was completed. This area has now been landscaped and our students are beginning to enjoy this area. It is intended for passive play and as an outdoor classroom.



Work has commenced on the construction of a deck and shade shelter in the year 5/6 section of the school that our year five and six students will be able to enjoy in a few weeks. Once construction has been completed seating will be installed and the surrounding area will be landscaped incorporating gardens and additional seating .

NAPLAN Online 2021

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a point in time assessment of literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy.



Our school will be participating in NAPLAN Online between **11 and 14 May 2021**.

In preparation for NAPLAN Online, our school will also be participating in practice tests between 22 March and 1 April. The practice test is a trial-run and key preparation activity for NAPLAN Online in May. It is not an assessment of student ability and the tests will not be marked.

Excessive preparation for NAPLAN Online is not recommended.

Students can use the [public demonstration site \(https://www.nap.edu.au/online-assessment/public-demonstration-site\)](https://www.nap.edu.au/online-assessment/public-demonstration-site) to familiarise themselves with the types of questions and tools available in the NAPLAN Online tests.

If you have any questions about NAPLAN Online, please contact your child's teacher, via the school email address Westmead-p.school@det.nsw.edu.au in the subject line, please put the teachers name.

Selective Test Information

The Selective High School Placement Test will be held on Thursday 11 March 2021 from 9.00am to 1.30pm.

Unless parents have made special arrangements with the High Performing Students Team to attend an individually allocated test centre candidates from this school have been sent to:

Merrylands High School

Bristol Street MERRYLANDS NSW 2160

Go to <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7> to find:

- Test centre allocations by public school.
- A map of test centre addresses under the heading 'The test'.
- The bulletin, Test information for parents and students. The bulletin contains very important information about the test and should be read carefully.

Research Project for Teacher Professional Development

I am pleased to confirm that our school will be participating in an exciting new research project on teacher professional development. The research is being undertaken by the University of Newcastle, commencing in Term 1, 2021. Children will be invited to participate in this project if their teacher is involved. Invitations will be sent out to relevant classes in due course.

Participating students will complete some surveys and assessments as part of their usual school activities. All names will be removed and only student numbers will be given to the research team so that they can link survey and assessment results with NAPLAN and school attendance data.

If you do **not** want the research team to have access to these data, you can opt-out on your child's behalf. For further information about the research, please visit the research website at www.newcastle.edu.au/QTR or call the research team on (02) 4921 5351

Selective High School Placement Test 2021 for entry to Year 7 in 2022

Test information for parents and students

When will the test be held?

The test will be held on **Thursday 11 March 2021 at 9.00am** at the allocated test centre. Signs will show you which entrance to use.

How long does the test take?

Parents must drop students off at the entrance to the test centre by **9.00am** and return promptly at **1.30pm** to pick them up.

There is a short rest break after the first test, a longer break after the second test when students can eat the food they bring, and a short rest break after the third test.

The finish time may vary according to the size of the test centre and its facilities. There is no supervision for students before 8:30am. If the test finishes early, students will be supervised. Please do not be late to collect your child after the test.

Dropping off and collecting your child

Test day is a regular school day for the test school so it is important to avoid disruption to staff and students at the school.

Do not park in or near the school grounds and observe any instructions from the school about parking restrictions. Signs will direct you to the entrance to use.

As parents will not be allowed on school grounds you will need to take your child to the designated entrance and a supervisor will meet students there. Please give anaphylaxis kits or other approved equipment to that supervisor. Collect your child from the same entrance after the test. The only exception is where a parent has prior written authority to attend for medical reasons.

If you arrange for your child to be collected by someone else or to walk to school or home, you must send a note with your child giving permission and accepting responsibility for your child's safety.

What if something goes wrong?

If something occurs to prevent your child attending the test or doing his or her best in the test, you can submit a request for consideration of illness or misadventure by 18 March 2021. You will need to get a medical certificate and independent evidence of illness covering the day if the problem is medical, or other relevant evidence if it is not about illness or injury.

Go to <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7/the-test/illness-or-misadventure> for more information about submitting an Illness/misadventure request.

If your child arrives late there will be no extra time given.

Hygiene precautions

Wearing of masks and using hand sanitiser is permitted if you wish your child to do so. The presiding officer and supervisors will be observing hygiene requirements in place for NSW schools.

Please do not bring your child to the test if he or she is ill with respiratory disease. Presiding officers may not admit a student if they consider others in the test centre to be at risk from contagious disease.

What should students wear to the test?

Students should wear school uniform, including a jumper and a hat for the break.

What to bring to the test

Students must bring a printed copy of their 'Test authority letter' that shows their application number.

Students may bring a wristwatch that does **not** make a noise or calculate, communicate or photograph.

Students SHOULD bring:	Students SHOULD NOT bring:
Glasses, asthma inhaler (and spacer) and tissues if required. Other equipment and medical devices that have been approved before the test	Pens, pencil cases, erasers, rulers, note paper or other material such as dictionaries or books. Pencils and erasers will be supplied.
Clear plastic water bottle – with no writing on it except for the brand name (to be stored under the seat to avoid spills)	Equipment such as calculators, computers, mobile phones, computer watches, watches that calculate or beep, or any device that calculates, photographs or communicates
A substantial snack to eat during the break as lunch will be late, especially if the test is delayed.	Snacks containing nuts or nut products.

For further information go to <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7/the-test>.

Tips for students

The test is designed to show your ability so there is no particular material to study before the test. You'll use your knowledge and skills to answer challenging questions.

Sample tests

You can see the types of questions that may be asked, and the explanation of answers, in the sample tests at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7/the-test>. Practise answering the questions using the sample answer sheet.

On test day

- Go to the toilet before you leave home.
- You will be met at the school entrance by a supervisor who will show you where to go to line up with your school group.
- Pay attention and follow all instructions from the presiding officer and supervisors at all times.
- Put your hand up if you have a problem or a question or if you need to go to the toilet.
- Don't talk to other students once you enter the test room.
- In the test room you will sit at the desk which has a sheet showing your name and other personal details.
- There will be a short rest break after the first and third tests and a longer break after the second test, when you will go outside and eat food you have brought.

The tests

There are four tests. They will be done in this order:

Reading	40 minutes	30 multiple choice questions
Mathematical reasoning	40 minutes	35 multiple choice questions
Thinking skills	40 minutes	40 multiple choice questions
Writing	30 minutes	1 question

During the test

Listen carefully to instructions.

Put your hand up if you have any problems or any questions at any time.

You will be asked to copy your name and application number onto all of your test papers.

Answer sheets

Read each test question carefully before you start answering it. Think about what it asks you to do. Choose the answer that you think is best.

<p>Answer questions on the answer sheet by using the pencil to shade in the circle clearly underneath the option you choose.</p> <p>If you change your mind about the answer, rub it out thoroughly and show your new answer clearly.</p> <p>Keep checking that the number of the question you are working on in the question booklet is the same as the number you are shading on the answer sheet.</p> <p>If you find you are answering a question at the wrong place, put your hand up and tell a supervisor. The supervisor will record the question numbers affected. Start the next question at the correct place and come back to fix the problem later if you have time, changing one question at a time.</p>	<p>1 A B C D E ○ ○ ○ ○ ○</p> <p>2 A B C D E ○ ○ ○ ○ ○</p>
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Print off a sample answer sheet to use for practice at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7/the-test>

Make sure you show your answers on the answer sheet. Answers recorded in the question booklet cannot be marked. Answer in the question booklet only if you have been given permission to do so and if so, you will have separate instructions.

Marks are not taken off for wrong answers. Incorrect, double or blank answers score zero. It is better to have a guess rather than leave an answer blank as this helps you make sure you are answering on the correct line.

If you want to work anything out in the multiple-choice tests you can write on the question booklet or on the back of the sheet with your personal details on it. For the writing test there is a page for planning in the question booklet that you can use if you wish. Any notes that you have made in the question booklet or on the writing planning page or personal details sheet will not be marked.

In the writing test you must write only about the question you are given. The question will ask you to write for a particular purpose and audience. Markers will pay attention to creative ideas, the structure of the writing, spelling, grammar and punctuation as well as effectiveness for the purpose and audience.

Timing

Use your time wisely. Work steadily. If you find a question too difficult, do not spend a long time on it. Shade in the answer you think is best and come back to that question later if you have time.

There will be no time warnings during the test. You will need to check the test centre's official clock to find out how much time you have left. Put your hand up if you cannot see it clearly.

Test conditions

If suspected of cheating you risk having the test marks not counted. Please make sure you:

- do not open the question booklet until the presiding officer tells you to do so
- do not look at the work of others during the test
- do not talk to other students while in the test room
- do not keep writing after you are told to stop.

Good advice

Get a good night's sleep the night before the test and try to keep calm. It's normal to feel nervous about a test. If you can relax, you will have a better chance to think clearly and do your best.

COVID

School gates will not open until 2.45pm each afternoon and parents are reminded to actively socially distance when on school grounds. Students in Kindergarten, Year 2, Year 4 and Year 6 finish school at 2:50pm and students in Years 1,3 and 5 finish school at 3 pm. To support our physical distancing we request that all parents leave the school grounds as soon as they have collected their child.

COVID No Playtime After School

Unfortunately parents and students cannot remain on the school grounds in the afternoon. COVID restrictions mean that parents need to leave the school site as soon as they have collected their children. If you wish to catch up with friend this now has to occur off the school site.

Thank You to the P&C

Our sincere thanks to the Parents & Citizens Association (P&C) who have donated the cost of our school's World Book Online Subscription for 2021.

Parking Safely Around the School

Several concerned neighbours have contacted the school recently regarding parents parking on the footpath and driving unsafely around the school, especially at the pedestrian crossing on Moree Avenue.

Cumberland Council Road Safety Officers have been patrolling around the school. Please make the roads and footpaths safe for our students and their families

Collecting Your Child From Sick Bay or Early Leaver

Your child's safety and wellbeing is important. Parents and carers are requested to present photo identification when collecting your child from sick bay or during the school day to leave early for an appointment.

If you need to arrange a relative or friend to collect your child, you are expected to provide the school with the person's **full name and phone number**. Your relative or friend must provide photo identification to school staff.

If your child needs to leave school early, where practical, please collect your child outside of the recess and lunch breaks. On arrival at the school, please report to the school office and our friendly office staff will then arrange for your child to meet you.

Packing a Healthy Lunchbox

Advice from the [Healthy Kids Association](#)

With the unpredictable nature of our day to day lives, preparing and packing a healthy lunchbox can be a difficult task. Finding time to shop and prepare interesting and healthy meals for school lunches can be stressful. But the foods we send to school with our kids can contribute up to 1/3 of their daily intake of nutrients. So it's important to pack a balanced lunch to ensure they're getting the nutrients they need.

Keep "occasional" foods such as snack food bars, sweet biscuits, flavoured or coated popcorn and savoury biscuits and chips out of the lunch box. Although they can offer a practical convenient solution for lunchboxes, they should not replace the core snack and should be kept for special occasions.

Avoid including the ones with added **confectionery** and opt for wholegrain varieties packed full of whole foods you can see with your eyes.



When packing a lunchbox for your child, you should feel confident that you're providing them with a nutritious supply of food that will get them through the day with the energy they need to function.

Follow this rule to make packing a healthy lunchbox easy:
PACK THE CORE 4 (plus 1 for active and fast growing kids).

What are the CORE 4?

- 1 Main lunch item** – a sandwich, roll, wrap or salad based on grains such as pasta, rice or quinoa.
- 2 Nutritious snack** – choose a snack from the five food groups such as a cold chicken drumstick, crackers with cheese, veggie sticks and hommus, or yoghurt.
- 3 Piece of fresh fruit** – whatever is in season.
- 4 Drink** – always include a water bottle. Add an additional small reduced fat milk drink (less than 300ml) or a 99% fruit juice drink (less than 200ml) once or twice a week.

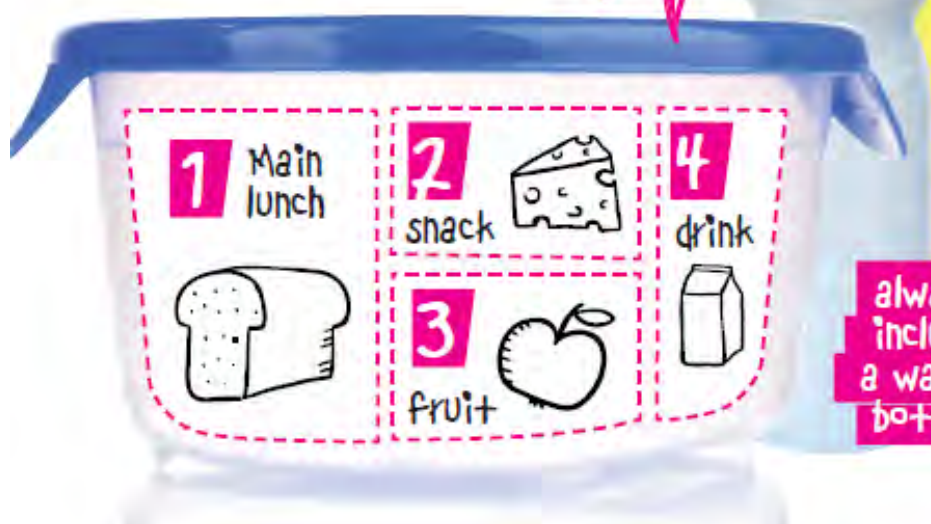
PLUS 1 additional snack

Every child is different and depending on their activity level or rate of growth, they may need an additional snack in their lunchbox. If this is the case, we recommend choosing a fifth item from the five food groups first, such as those listed in lunchbox item number 2 (the nutritious snack). This will provide the extra nutrients some kids need.

Occasionally...

For variety and enjoyment it's OK to include an occasional "extra" item in place of this fifth snack option. Extra foods include sweet biscuits, muesli bars, packets of chips, confectionary or dry noodle products. These kinds of items should not make a daily appearance in the lunchbox, but can be added once a week for variety and enjoyment and to teach balance.

always include a water bottle



If Your Child Is Unwell

**Keep them at Home
until all symptoms are gone**

If your child has a fever, cough, cold or runny nose; headache, sore throat, shortness of breath, loss of taste or smell then

They need to be tested for Covid.

Keep your child at home until they receive a **negative test result and all symptoms are gone.**

Schools must sight the negative COVID-19 test before your child returns to class. Email the screenshot of your child's negative test result to the school with your child's first name, last name and class in the subject line.

westmead-p.school@det.nsw.edu.au

Students who have seasonal allergic rhinitis or other flu-like symptoms are still required to have a Covid test.

If your child has vomited or had diarrhoea, they are required to stay at home for at 24-48 hours.

Keep Your Child At Home until symptoms are gone.

School Policy: Allergies and Anaphylaxis

We have a number of students at Westmead Public School who are allergic to nuts.

For these students, contact with nuts can result in a life-threatening anaphylactic reaction.

We encourage parents not to send any nuts or nut products to school with their children.

Students should not share food. Remind your child about the importance of washing their hands and eating their own food.

Pick-up and Drop-off Procedures

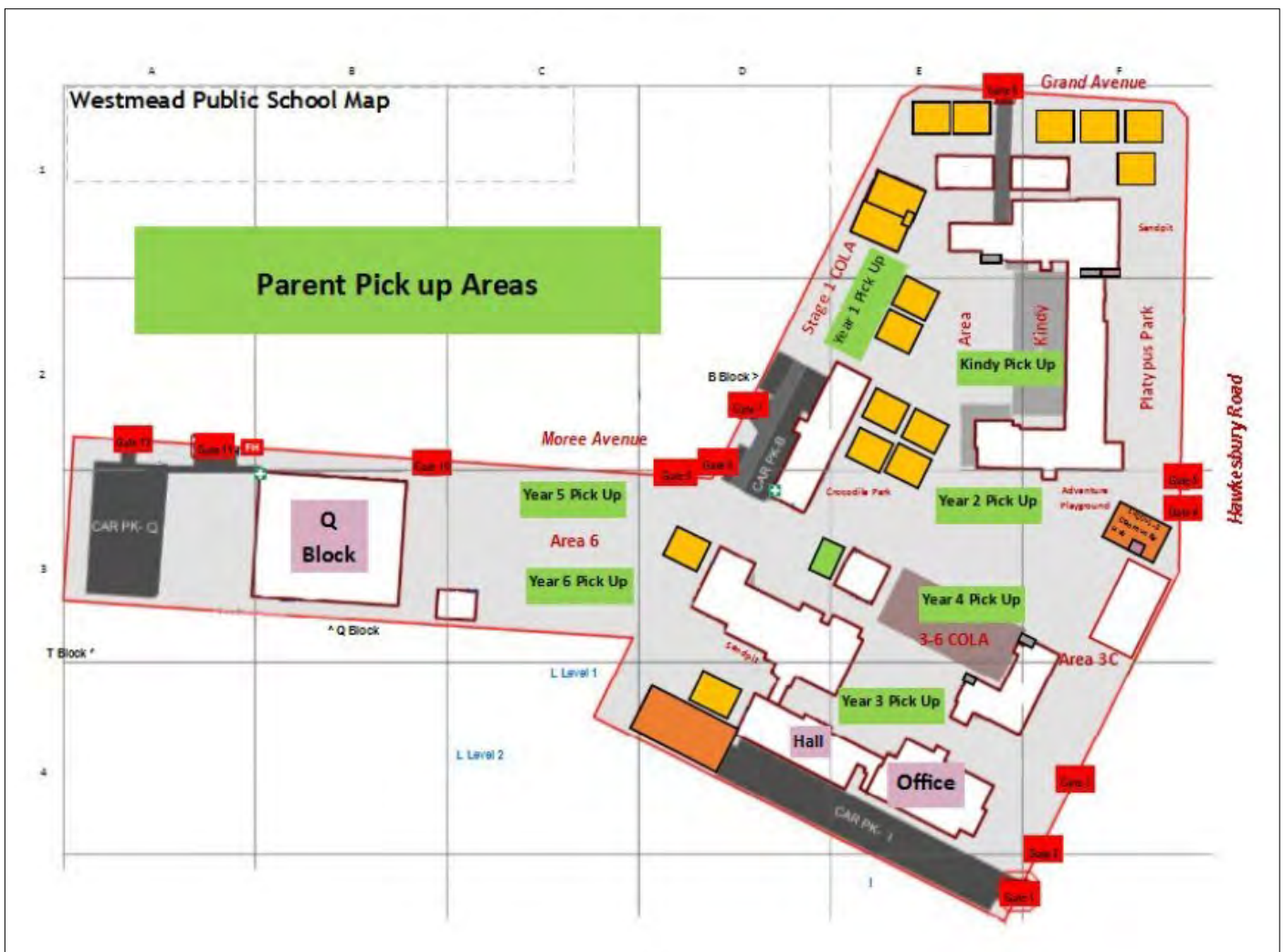
GATES 2 / 5 / 8 OPEN AT 2.45PM

Grade	Start	Finish
Kindy, Years 2, 4 and 6	8.55am	2.50pm
Years 1, 3 and 5	9.05am	3.00pm

We request that where possible all parents drop students off at the gates as was the procedure at the end of last year. Students will begin the day in their old class groups and parents will not be able to be present for 2021 temporary class allocations.

We have designated grade pick up areas for the afternoon (based on 2021 grades) as per map below. Please leave the school playground promptly after picking up your child(ren) and do not use this time to socialise with other families. This will support us greatly in complying with social distancing guidelines.

Parent Pick Up Areas—Term 1 2021



Thank you in advance for supporting us to adhere to COVID mandates and guidelines. If and when procedures change, we will send out further updates via SchoolStream.

Be Safe—Use the Pedestrian Crossing



New House Names for 2021

As part of improving students knowledge of Aboriginal and Torres Strait Islander perspectives Westmead Public School will be changing our House names from 2021.

The process to change the names involved consulting with our Aboriginal Liaison Officer, students and staff. Both students and staff have voted and the results are:

Green	MABO
Yellow	BENNELONG
Blue	BARANGAROO
Red	PEMULWUY

We look forward to deepening our knowledge and respect for Australia's Indigenous peoples in 2021.

Ms Doran

Deputy Principal

Messages To The Classroom

Messages from parents will be sent through to teachers during Recess and Lunch, so as not to disturb student learning – except in an emergency. School ends at 3.00pm – if you are going to be late to collect your child, please contact the school office 9635 7793 by 2.45pm to allow office staff enough time to deliver the message.

If you are late to pick up your child and have not contacted the school, remind your child to report to the:

K-2 Red Hat teacher in the K-2 Cola

3-6 Report to the office

where you will be able to collect your children. When you collect your child you will be required to sign the Late Collection Register.

Please ensure that your phone contact details are up to date. Use our School Stream App for your convenience.

School Photographs 2021



Term 1 Week 10

Tuesday 30 March

Wednesday 31 March

Thursday 1 April

All students need to wear **full SUMMER school uniform**.

GIRLS SUMMER UNIFORM

Summer dress OR royal blue pants with short sleeve pale blue polo shirt with school emblem

White socks and black school shoes

Hair scrunchie to match dress or royal blue scrunchie to match shorts and slacks

BOYS SUMMER UNIFORM

Grey shorts OR grey long trousers

Short sleeve pale blue polo shirt with school emblem

Grey socks and black school shoes



Scheduling Details:

SIBLING PHOTOS will be taken during lunchtime on Tuesday and Wednesday. Sibling photos must be purchased **prior** to the event. To order, follow the online ordering and payment information. Please remind your children to attend the photo session when it is announced.

DATE	CLASSES
Tuesday 30 March	Kindergarten / Year 1 / Year 4
Wednesday 31 March & Thursday 1 April	Year 2 / Year 3 / Year 5 / Year 6
Wednesday 31 March	Year 6 Graduation Photo

Mrs Jubb, Miss Coleman, Miss Jauhiainen & Mr Baird

School Photographs Co-ordinators 2021

Physical Distancing at the School Office

Help us to comply with physical distancing by reducing adult contact at the school office.

Make sure your child has food, water, clothing and their school equipment before they leave home each day.

Ring the school office on **9635-7793**, before collecting your child for an appointment.

Need to contact your child's teacher?
Please email the school.
westmead-p.school@det.nsw.edu.au

Remember to bring photo identification when collecting your child from sick bay or your child is leaving during the school day for an appointment or family matters.

Westmead Public School Canteen News

operated by A&D Kallimanis Catering P/L

FLEXISCHOOLS Online Ordering is here

Starting **Monday 14 September 2020**, families can choose to place their child's lunch order using the **Flexischools** App available from Google Play and Apple.

Orders need to be submitted by 9.00am each day.

Follow the easy registration on this page.

We have also updated our menu—see over.

Simplify your school life.

We have partnered with Flexischools, to make school lunches even easier.



- 1 Order online at anytime
- 2 Easily monitor your child's nutrition
- 3 Pay with Visa, Mastercard, PayPal or direct deposit



Set up your account

- 1 **Download the Flexischools App**
Note: for iPhone and iPad please select 'Allow' notifications.
- 2 **Login/Register**
 - **Already a Flexischools user** – Enter your details and login. To save your login details select 'remember me'.
 - **New Flexischools user** – Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.
- 3 **Top Up Your Account**
To make ordering fast and simple, you can set up automatic top ups.

Order

- 1 **Place your Order**
In the Flexischools App, click the 'Order now' button located in the bottom right-hand corner of the app and select your student.
- 2 **Make your Selection**
Select the items you wish to order.
- 3 **Make Payment**
Select your payment option and complete payment to place your order.

Alternatively you can sign-up at flexischools.com.au



10 years supporting the school community



Committed to healthy eating



Over 1,500 happy schools

flexischools

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**Orders placed at the canteen
need to be made by 9.00am**

WESTMEAD PUBLIC SCHOOL - CANTEEN MENU 2021

LUNCH ITEMS - All lunch orders need to be submitted by 9.00am

SANDWICHES... (everyday items)

Vegemite, honey or jam	1.50
Cheese (H)	2.00
Lean ham	2.50
Cheese & tomato	3.00
Lean ham & cheese	3.50
Salad (lettuce, carrot, tomato, cucumber) (V)	4.00
Lean ham, cheese & tomato	4.00
Tuna, lettuce & mayo	4.00
Fresh chicken with cheese	4.50
Fresh chicken lettuce & mayo	4.50

Options: White / Wholemeal

SALADS... (everyday items) - all salads served in 12oz dome

Garden salad (V)	3.50
Tuna salad	4.00
Cheese salad	4.00
Lean ham salad	4.00
Fresh chicken breast salad	4.50
Greek salad	5.00

FRESH FRUIT & YOGHURT... (everyday items)

Oranges, apples or mandarin	1.00
Oranges, apples or mandarin wedges cup	1.50
Banana	1.50
Fresh cut watermelon cup	2.00
Grapes cup (seasonal)	2.00
Yoghurt cup (low fat)	2.00
Watermelon pieces in a bowl (12oz)	3.50
Seasonal fresh fruit salad bowl	4.00

DAILY HOMEMADE MENU... (everyday items)

Monday	Mac & Cheese	4.50
Tuesday	Pasta Bolognese	4.50
Wednesday	Mac & Cheese	4.50
Thursday	Butter Chicken	4.50
Friday	Chicken Napolitana pasta	4.50

All other menu items are available over the counter

All menu items meet the NSW Healthy Canteen Guidelines

OCCASIONAL ITEMS... (available everyday)

Hash brown	1.30
Chicken & corn roll (H)	2.50
Potato wedges bag (H)	2.80
Noodles cup (beef or chicken) (H)	3.00
Chicken nuggets x5 (H)	3.50
Hot dog (low fat) (H)	3.50
Sausage roll (H)	4.00
Meat or Potato pie (H)	5.00
Mamee monster noodle snack (2 flavours) (H)	1.30
Homemade muffins (freshly made daily)	1.50

DRINKS FOR LUNCH ORDERS... (everyday items)

Bottled Water 350ml	1.50
Bottled Water 600ml	2.50
Poppers (apple, orange, blackcurrant)	2.50
Up & Go 250ml (chocolate & strawberry)	3.00
Bottled Milk 300ml (chocolate, strawberry, vanilla)	2.80
Juice Bomb	3.00
Chill J 100% Fruit Juice	3.00

HOT TASTY MENU WARMERS... (everyday items)

Garlic Bread	1.00
Garlic & cheese Bread	1.50
Chicken Souvlaki on a Roll L	5.50
Chicken Souvlaki on a wrap	5.50
Homemade pizza with cheese	4.50
Homemade pizza with cheese & lean ham	5.00
Beef lasagne (H)	5.00
Vegetarian lasagne (V)	5.50
Cheeseburger (lean beef)	5.50
Aussie lean beef burger L/T	5.50
Chicken burger L/T (H)	5.50
Chicken Schnitzel Roll L	5.50
Sweet Chilli Tender Roll L (H)	5.50

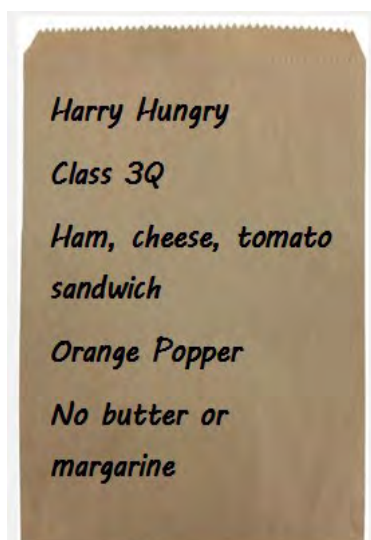
SUSHI... (everyday items) - available Thursday & Friday only

Teriyaki chicken with cucumber	4.00
Salmon with cucumber	4.00
Veggie tofu, carrot, cucumber (V)	4.00
Tuna with cucumber	4.00

(V) Vegetarian (H) Halal (GF)

Orders placed at the Canteen

- Write your child's full name, class and food order on a paper lunch bag
- Include the amount required – exact amount is preferred
- Write any food allergies on the bag
- Have your child submit their lunch order at the canteen by 9.00am



ANAPHYLAXIS

Anaphylaxis is a severe and sometimes sudden allergic reaction. It can occur when a susceptible person is exposed to an allergen (such as a food or an insect sting). Reactions usually begin within minutes of exposure and can progress rapidly over a period of up to two hours or more. Anaphylaxis is potentially life threatening and always requires an emergency response.

It is the responsibility of the parent to notify the school that their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible.

As with other serious health conditions, schools put in place strategies to manage a student at risk of anaphylaxis at school or while the student is engaged in school related activities.

To support students with food allergies we:-

- Request that all parents clearly label lunch boxes, bottles and other drinks with their child's name
- Remind your child about the importance of washing their hands, eating their own food, and not sharing food, food utensils or food containers.

Please contact your child's class teacher before sending food birthday treats to school.

Your Child's Health

A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD'S HEALTH

Parents and Caregivers have an obligation to inform the school about their child's health, even if they are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please contact the school office staff who will assist.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

Information you provide to the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

Does your child need to have medication at school?

Before medication can be given to your child at school, you need to follow these important steps. Please contact the school if you have any questions.

Administering prescribed medication at school

When a medical practitioner has prescribed medication that must be administered during the school day, parents are responsible for:

- bringing this need to the attention of the school
- ensuring that the information is updated if it changes
- supplying the medication and any 'consumables' necessary for its administration in a timely way
- collaborating with the school in working out arrangements for the supply and administration of the prescribed medication.

Administering Medication at School continued

The administration of such medication forms part the Department's common law duty of care to take reasonable steps to keep students safe while they attend school. This duty of care is fulfilled through its staff members.

The administration of prescribed medication in schools is carried out by staff who volunteer and who are trained. Key points to remember:

- Parents of children who require prescribed medication to be administered at school must complete a written request. The form may be obtained from the school office or downloaded from the Department of Education website which appears at the end of this article. If parents have difficulty in completing the form they should ask the principal for assistance.
- Students must not carry medications unless there is a written agreement between the school and the student's parents that this is a planned part of the student's health care support.

Please note: Students' immediate access to prescribed medication is very important for the effective management of conditions such as asthma. Students and parents need to be advised of this requirement so that students are not left without access to critical medication. It is the principal's responsibility to fully inform relevant staff of the management implications of students requiring the administration of prescribed medication.

Except in an emergency, only individual staff members who have volunteered and been trained, will administer prescribed medication to students.

The principal will oversight implementation of the course of action that he or she has determined is necessary for the support of the student's health needs.

It is the Principal's responsibility to ensure that all copies of the written medical advice and any other relevant documentation are stored in a secure and confidential manner.

Advice or further information to assist the principal can be obtained from student welfare consultants and disability programs consultants.

Self administration of Prescribed medication by students

The common law duty of care does not extend to administering prescribed medication to students who are reasonably able to self administer.

However, if a student self administers prescribed medication the Department has a duty to take reasonable steps to ensure that the self administration is carried out safely.

Note re emergency care

Schools do not generally supply or administer medications in an emergency unless they have been provided by parents as part of the negotiated individual health care plan for a specific student.

In an emergency which has not been anticipated in the emergency/response care section of an individual health care plan, staff will provide a general emergency response, eg call an ambulance.

Where an emergency response requires the immediate administration of medication to prevent serious illness or injury, staff should administer the medication eg Ventolin for a first asthma attack.

Non-prescribed medications

In general, schools do not administer medication which has not been specifically requested by a medical practitioner for an individual student for a specific condition. In some cases the medical practitioner may not write 'a prescription' for such medication because it may be available 'over the counter'. NSW Health advises that this does not mean that the medication is not potentially harmful and that schools should follow the same procedures for such medications as for 'prescribed medications'.



WPS Library in 2021

It's 2021 and we are open for business!

WPS Library is already has opened its doors and is ready for a fun filled year ahead. Mrs Kougellis (Mon - Thurs) and Mrs Azar (Mon - Fri), will be working with our students in the library this year. Our aim is to promote reading, develop skills in ICT, information and research, digital citizenship, cyber-safety and of course help build a community of happy readers. The fantastic teaching and learning continues in our well-resources K-2 Library and 3-6 Library, which relocated last year to A Block (across from the office building).

Below are some key school library events to remember:

- NSW Premier's Reading Challenge - **registration opens March 1 and closes August 20**
- National Simultaneous Storytime: **Wednesday 19 May**
- Annual Book Fair: **in Term 3 (date to be announced later)**
- Children's Book Week: **August 21 – August 27**
- Borrowing for ALL students in starts: **from Week 6 (March 1)**

All students in Years K-6 will participate in a one hour library lesson every fortnight. During this time students are able to borrow and return books as well as participate in a library lesson. In order for students to borrow they will need to bring a library bag (preferably waterproof) and return any borrowed books. If a book is lost or damaged please let the library staff know as soon as possible.

Due to Covid-19 restrictions, until further notice, the students will be borrowing only 1 book per library visit in class. This will allow safer and manageable quarantining of books upon their return. We are hopeful that as Covid 19 restrictions ease, we can restore previous borrowing limits.



K-2 Junior Library

At Westmead Public School, we are fortunate to have a specialised library for the juniors. This is a great learning space that has been designed to specifically cater for our younger readers. The K-2 Junior Library offers a wide selection of books for all levels of reading skills and interest in picture books, non-fiction, chapter books, as well as a growing collection of popular books in series. Students in Kindergarten, Year 1 and Year 2 visit this library fortnightly for a lesson and borrowing/returning books.



Overdue Books







For the first time in many years, we can celebrate our new record of **0 overdue library books** from **2020**! Once a term, we send home overdue notes and would love your help ensuring any overdue books are returned so others can borrow them. If they have been lost or damaged please let your child's library teacher know. Whilst borrowing books occurs on your child's library day, returning books can be done on any day. If your child is leaving the school, the books can be returned to the library or left at the front office.



Library @ Lunch

Students in years 3-6 are able to visit the 3-6 Library at lunch time. Student numbers are capped at 60 to avoid crowding. Due to Covid restrictions, borrowing at lunchtime is suspended until further notice.

Library Bags

✖ Not Accepted ✖		✔ Accepted ✔	
Supermarket thin quality shopping bag breaks and splits		Westmead PS Library Bag Available in uniform shop for \$20	
Paper bag tears easily not strong enough		Waterproof Tote Bag or Drawstring Bag waterproof light Available in stores <ul style="list-style-type: none"> • Best & Less \$5 • Kmart \$2 	
Lunch Box not clean too small smells like food		Fabric bag Accepted, but not preferred, as these are not waterproof	



Parent Library

Our school library is not only for teachers and students but also for parents to use. Tucked away in the Community Room we have a 'Parent Library' that houses a small collection of books on different subjects that are of specific interest to parents that are available for you to borrow.

The following is a list of just some of the titles we have available:

1. Helping your child to Read
2. Getting on with others : how to teach your child essential social skills
3. Before they go to school : beginning your child's education at home
4. The Secret of Happy Children
5. Great Ideas for Tired Parents
6. Learning to learn in a second language
7. Motherhood

If you would like a list of what we have to offer or would like to come have a look at the Parent Library and possibly borrow a book or two, please see Richa Aryal our Community Liason Officer.

Premiers Reading Challenge



A note will be sent home with more information regarding the 2021 Premier's Reading Challenge

However, for more information you may also visit <https://online.det.nsw.edu.au/prc/rules.html>

The website is the main way to communicate with schools, parents and students so it is important to check the site regularly for new information and updates. Booklists, Challenge rules, FAQ's and helpful tips can all be accessed via this site.



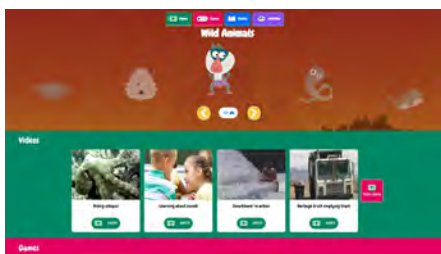
World Book Online

Great news!

With a huge thanks and appreciation of the generosity of the school P&C, our school has once again subscribed to the electronic version of World Book Online Primary School Edition. This has been funded and supported by the

P&C and has frequently used, with well over 1,600,000 hits last year.

Our World Book subscription allows us to give you and your family access to this valuable reference source at your home computers every day of the year throughout 2020 - 24 hours a day. This resource caters for all students starting from as young as Kindergarten.



EARLY WORLD OF LEARNING

Suitable for Kindy – Year 1

Contains four Interactive Learning Environments

- Videos and Images
- Games
- Stories



WORLD BOOK KIDS

Suitable for Years 2-4

Visually stunning resource with thousands of easy-to-read articles that can be read aloud with a pace suitable for the reader. Visual learners will benefit from an assortment of multimedia features.



WORLD BOOK STUDENT

Suitable for Years 5 and up

World Book Student includes all the articles from the print versions of the World Book Encyclopaedia, plus thousands of additional articles, learning resources, and research tools.

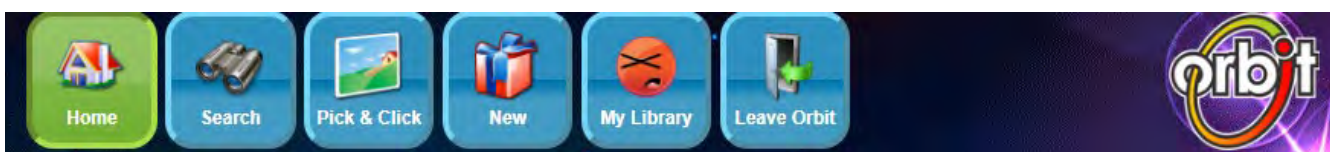
To access the World Book Web, follow these simple steps:

(best Internet browser to use is Chrome)

1. Go to: www.worldbookonline.com
2. Enter Username: **westmead**
3. Enter Password: **school**

If you haven't already had a look, hop on and explore, there are online 'tutorial' links available on the bottom of each page for you to check out too!

WPS School 'ORBIT Web' Library Catalogue Access from Home



Students are able to access our school library catalogue via their Department of Education portal page under the heading 'OLIVER/ORIBT Library.' It contains loads of great learning tools to assist students and parents and is also how students and parents can access the school's library catalogue from any computer. It is well worth a look as there are many useful resources available especially the 'Useful Links' section as you scroll down the page.

If you have any further questions please come and see us...

Happy reading!

Mrs Kougelis & Mrs Azar

Our school is really excited to continue offering students in Years 3-6 access to hundreds of popular **eBooks** through our **digital library**. Students (Yrs 3-6) can now borrow lots of great titles and read them from home from any device.

Due to Covid 19 restrictions imposed on borrowing limits, our digital library is an add-on service provided through WPS library, enabling students to access a broad range of books, from the comfort of their home.

Please note that our subscription is only for 250 loans per month for the school. Once that limit is reached, borrowing is unavailable and restarts the on the 1st of every month.

Students can still browse the online collection and reserve books while waiting for the new loans to refresh.

Accessing WPS's Digital Library **Two easy ways:**

1. Through the Wheelers website:

Using any laptop, computer, tablet go to: <https://westmeadps.eplatform.co/> and log in using your DET username & password.

1. Through the Wheelers App:

- Download the free 'Wheelers ePlatform' App from the Apple or Play store.
- Find your library: your school name: Westmead Public School.
- Enter your DET 'Username' and 'Password.'

For more instructions on setting up the app or navigating the website to start browsing and borrowing, students and parents can click on the link [Digital Library Information](#) .

If you have any enquiries, please speak to library teachers Mrs Kougellis & Mrs Azar.



Community Hub

WESTMEAD PUBLIC SCHOOL

WELCOME TO 2021 EVERYONE!

I am Richa Aryal,
the Community Hub leader at Westmead Public School. The Hub space is open from 8 am to 3:30 pm every day for our WPS parents and carers. It is close to Gate no. 5, near the Kindy area. There are many programs designed for parents at the Community Hub. If you want to know more about the Westmead community, services available around your community, various hub activities and connect with other school parents, feel free to contact me during school hours.



We would like to thank all families for their patience and resilience during these challenging times with COVID-19. For registration details, please contact through email or phone.

Email: communityhubwestmead@gmail.com

Phone number: 0436 850 894

Follow us on Facebook: <https://www.facebook.com/CommunityHubWPS>

Activities During Term 1

Monday	Business English Class by Sydney Community College, 9:30-11:30 am 18th of March - International Women's Day event, 9:30 - 11:00 am at Parramatta park
Tuesday	Supported Playgroup by Playgroup NSW, 9:15- 11:00 am
Wednesday	One-on-one support, book an appointment with Richa to have a chat Join our Book Buddy Bag program through the Hub 📚
Thursday	Walking Group- Walk to the Parramatta park- 9:05 till 10:30am
Friday	Virtual meditation class by Heartfulness Institute- 10-11 am The Social Outfit Community Print Project at the Progress Hall
Also	Come and celebrate cultural diversity through artwork! join us at the Hub to participate in the collaborative art work, 15th -19th of March

Come and celebrate



#CHOOSETOCHALLENGE



International Women's Day

When: 8th of March @ 9:30 - 11 am

Where: Parramatta park

either meet us there or leave from
the Community Hub at 9:10 am)

Please text Richa on 0436 850 894
if you are interested :-)

*Bring a
plate of food
to share*



THE SOCIAL OUTFIT 2021 COMMUNITY PRINT PROJECT

Do you like being creative or want to learn a new skill?

Do you come from a refugee or new migrant background?

Would you like to meet others and work with them
on a fun project?



The Social Outfit together with Westmead Community Hub is looking for 12 participants to join 8 free workshops, to be held each Friday morning at the Westmead Progress Hall.

Work with artist Kate Banazi and The Social Outfit to learn new skills and apply your artistic abilities through weekly workshops. Explore a range of techniques including painting, drawing and collage to generate a range of patterns and marks which will be combined to create a unique textile screen print. Learn about how one of Sydney's leading ethical fashion labels uses collaborative community prints to celebrate the creativity of our diverse community.

INFORMATION SESSION:

Friday 5 March via ZOOM

WORKSHOPS & EXCURSIONS:

To be held at the Westmead Progress Hall, 43 Hassall Street, on Fridays from 9:20 am to 11:00 am, on the following dates:

- 12th, 19th and 26th of March
- 23rd, 30th of April
- 7th and 14th of May

QUESTIONS?: Join the ZOOM information session on Friday 5 March, or contact Ri.

Free childcare is available at the workshops.

About The Artist: Kate Banazi was born in London and currently lives in Sydney. Kate has a diverse art practice using silkscreen printing, sculpture and painting. She likes to play with light, colour and graphic motifs with playful results.

About The Social Outfit: The Social Outfit is a fashion label with a difference. We are a registered charity and social enterprise that employs and trains people from refugee and new migrant communities. We celebrate the diversity of our community and believe fashion and creativity can lead to learning and empowerment.

HOW TO APPLY:

Send your expression of interest
to Ri on
0436 850 894
by Wednesday 3rd of March.

ONLY 12 SPOTS AVAILABLE

Ri will send the Zoom details to
you on the 4th of March.



THE
**SOCIAL
OUTFIT**





COMMUNITY HUB PRESENTS

Harmony Week

MARCH 15-20 |
COMMUNITY HUB

Let's celebrate cultural diversity through artwork! Come and join us at the Hub during the week to participate in the collaborative artwork!



Will be displayed in the community hub!

COME IN WHEN YOU HAVE A MOMENT
BEFORE OR AFTER SCHOOL!

FOR MORE INFORMATION
CONTACT RICHA ON

0436 850 894



PARENTS & CITIZENS (P&C)ASSOCIATION

NEWS

TERM 1 WEEK 6



Parents & Citizens Association, Westmead, Welcomes you all to the new school year 2021.

P&C will have its Annual General Meeting (AGM) on Tuesday 16 March, 2021 at 6:00pm, where new committee members will be elected for the year 2021. The meeting will be in the school.

P&C invites nominations for the P&C committee members' roles. The positions available are as below:

President (1)

Vice President (2)

Treasurer (1)

Secretary (1)

Committee Members (4-6)

Please send in your nominations at pncwestmead@gmail.com with the post you are interested in applying for.

We would like to welcome all the parents to join us on 16th March for our AGM.

Please send in your expression of interest to attend the meeting at pncwestmead@gmail.com

School Banking Update:

Due to COVID19 restrictions the Commbank School Banking program remains suspended. The P&C will update parents once the program can resume.

Second-Hand Uniform Shop:

Due to the ongoing situation, please note the Second-Hand uniform shop will not be able to accept second hand school uniforms until further notice. Thank you for your cooperation and understanding.

The P&C Committee look forward to working together with the school, our P&C Members & our Parent Community.

Faye Khalil
P & C President



ALL WELCOME

Please come along with ideas on how you can help the P&C, the school and our student community. Keep up to date with P&C activities on Facebook Westmead PS P&C Facebook.

Do you have any questions about the P&C?

Email us at pncwestmead@gmail.com

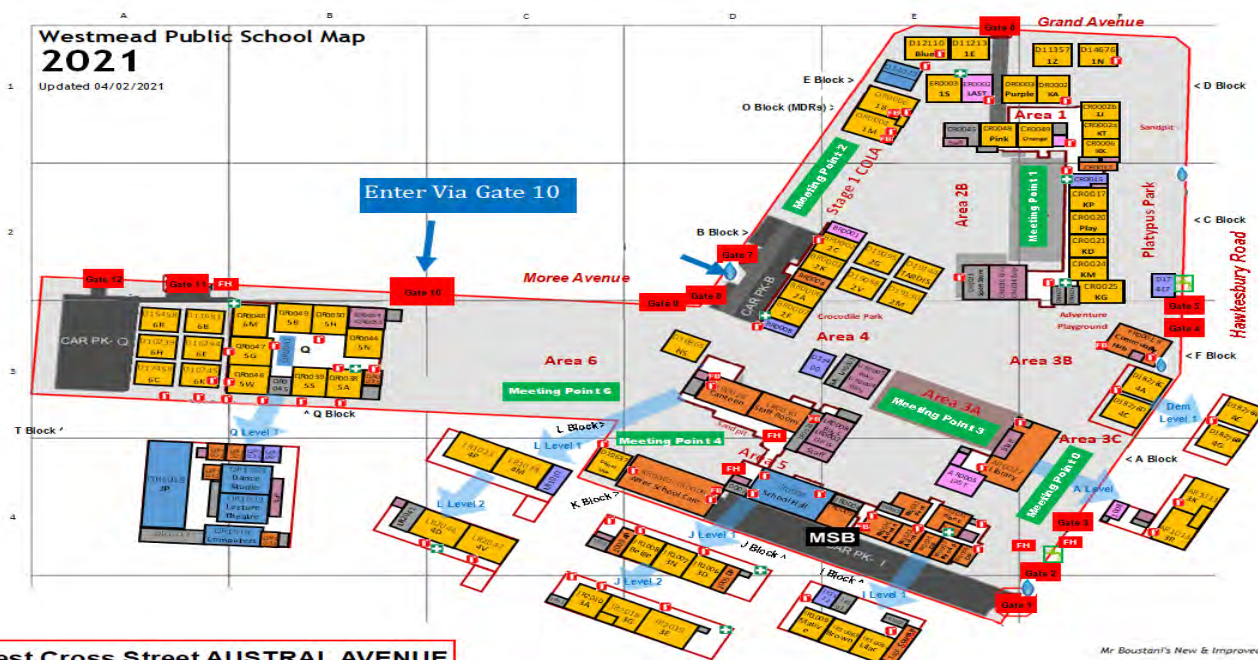
Come along to the P&C meetings

P & C MEETING DATES FOR 2021

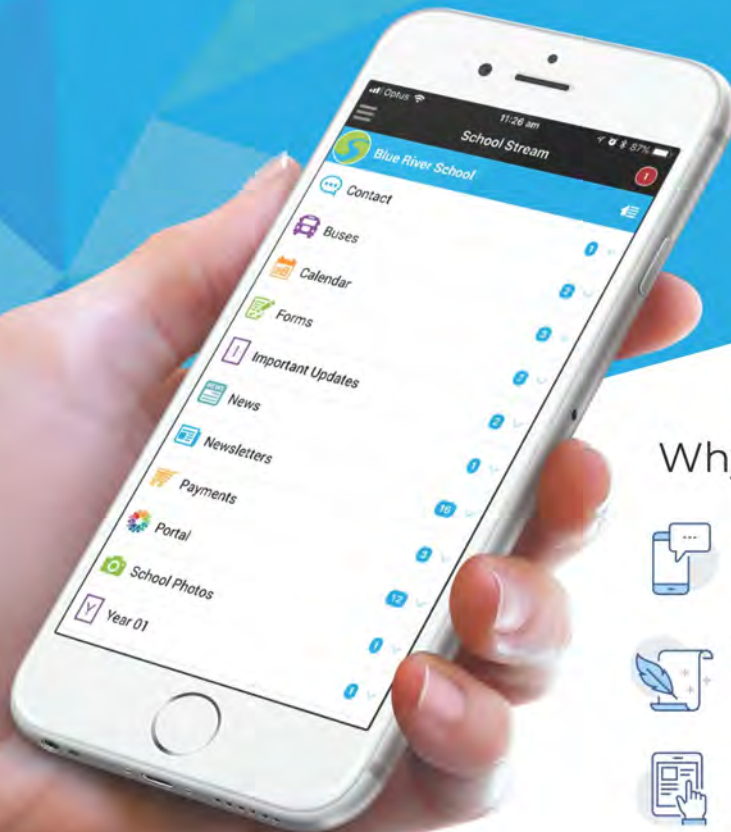
MEETINGS WILL BE IN Q BLOCK—ENTER VIA GATE 10



Term 1 / 2021		
Week 8	Tuesday 16 March 2021 Annual General Meeting	6.00-7.15pm
Term 2 / 2021		
Week 3	Tuesday 4 May 2021 General Meeting	6.00-7.15pm
Week 8	Tuesday 8 June 2021 General Meeting	6.00-7.15pm
Term 3 / 2021		
Week 3	Tuesday 27 July 2021 General Meeting	6.00-7.15pm
Week 8	Tuesday 31 August 2021 General Meeting	6.00-7.15pm
Term 4 / 2021		
Week 3	Tuesday 19 October 2021 General Meeting	6.00-7.15pm
Week 8	Tuesday 23 November 2021 General Meeting	6.00-7.15pm



Download our school app for free!



Why download the app?



Receive instant notifications for important news.



Easily register absentees and excursions.



Keep up to date with events and set reminders.



Download on the
App Store



GET IT ON
Google Play

Download instructions:

1. Go to the App Store and download "School Stream" to your phone.

2. Open the app and type the school's name into the search bar to load the school's profile.

3. Make sure you agree to Push Notifications when prompted.



schoolstream



facebook.com/SchoolStream
twitter.com/SchoolStreamApp

Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Make friends



Build skills through fun



Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight



= **4** weeks



= Over **1** year missed

1 day per week



= **8** weeks



= Over **2.5** years missed



NORTHMEAD CREATIVE AND PERFORMING ARTS HIGH SCHOOL

OPEN DAY TUESDAY 9 MARCH 2021 (Students only)

For students in Year 5 entering Year 7 in 2023 and
Year 6 students entering Year 7 2022

Morning Session:

- 9.15AM/10.00AM - Hall presentation for students (only)
- 10.00AM/12.30 PM - Hands on activities for students
- 12.30PM to 1:00PM – lunch (bbq & drink)
- 1.00PM – Parents to pick up students at front gate.
- Parent video presentation access via school website at a later date.

Discover the fabulous opportunities that Northmead CAPA High offers:

Comprehensive Education for all students

- Special Performing Arts Programs
- Broad Curriculum
- Excellent Sporting Opportunities
- Chrome Book Program

Central Location

- Just off Windsor Road - end of Campbell Street
- Good Transport Connections - Bus and Rail
- Experienced and Committed Teachers

Caring School

- Support for Year 7 Students
- Orientation Program, Year 6 to Year 7
- Peer Support
- Student Ambassadors
- Year 7 Camp
- Project Based Learning
- Proactive Learning Support Team
- Anti-bullying Program, with state recognition
- Values driven school that promotes Respect, Responsibility, Commitment, Community
- Special Programs: Social Justice, Student Representative Council & Multicultural Committee
- Full time School Counsellor
- Student Support Officer – Social Worker

Extra Curricula Activities

- Sport
- Debating & Public Speaking
- Mock Trials
- MUNA
- Wakakiri
- Sister Exchange Visits to Kawaguchi Japan
- Meet teachers and students
- Use technology to create a memento of your visit
- Develop team building skills
- Discover the powers of your mind problem solving and brain teasers
- Explore 'living' music using technology
- Experience the fascinating and exciting work of Science
- View nature at work - visit the school farm and animals

Focus on Academic Excellence

- High Potential & Gifted Academic Programs
- Accelerated Courses
- Extension Program for Year 7 Students
- Support and Remediation Programs

Creative and Performing Arts

- Year 7 CAPA Class (selected by audition)
- Elective classes in CAPA (Year 9-12)
- Band, Vocal Ensembles, Company, Music, Drama, Visual Arts & Circus, Dance, Drama, Visual Arts, Music Ensembles, Companies
- Vocal & Instrumental Tutorial Program



Ethics classes at Westmead Public School

Could you be an ethics teacher for Westmead Public School?

We are seeking volunteers for stage 1 (K-2) so that we can provide ethics classes for all the families who have requested it for their children.

Ethics teachers receive full training by Primary Ethics, the not-for-profit organization approved to design curriculum and training for the ethics program. Training consists of a two-day workshop and short online modules. Lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available on Thursdays between 11:30 to 12:00 each week.

In ethics classes, children learn how to think logically, disagree respectfully, and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topic such as:

- imagining how others feel
- how do we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- fairness



If you are looking for an opportunity to make a valuable contribution to our school, please visit www.primaryethics.com.au and/or contact Ethics coordinator of Westmead Public School.

Contact details are:

Parul Lakhanpal paruldeepak@hotmail.com

Expression of Interest
Learn Music on Keyboard or Guitar at School
Class temporarily suspended due to the Covid-19 disruption
Taking expression of interest now, for when class resumes



- Convenient at-school venue with additional health & safety measures in place
- Small group, 45 min weekly lesson
- Competitive rate
- Instrument not required initially
- Fun introduction to music



To enrol: www.learnmusicatschool.com.au
(02) 9411 3122



Great songs! Musical activities!
Cool music knowledge!

VIP Music est. 1984



CODE UP
MOBILE APP CODER
JAVA SCRIPT

WESTMEAD PUBLIC SCHOOL
3:00 - 4:30 PM - Every Wed from 10 Feb



Build new app everyday
via Javascript
Suitable For Y4+

TERM 1 for \$199
or \$99 + Voucher



ENROLL on codeup.com.au
| 0414 806 305

Made with  iPad



Australian
Air League

JOIN NOW

NSW Group

NSW GROUP IS NOW ENROLLING



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Childrens Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

**FOR MORE INFORMATION ON THE AUSTRALIAN AIR
LEAGUE AND YOUR CLOSEST SQUADRON
PLEASE CONTACT**



**www.airleague.com.au Email: info@airleague.com.au
Free Call: 1800 502 175**

