

# Kindergarten Writing Tips for Parents



## Fine Motor Skills



### Syllabus Links

GAESI.8 Demonstrates fundamental movement skills

ENe3A Develop basic skills of writing, including correct pencil grip, good posture and handwriting

### Advice for Parents

Students do a lot of fine motor activities in Kindergarten in order to build strength in the hand muscles and also to help develop their hand eye coordination. You can help your child at home by having them manipulate small objects with their hands.

## Activities to Try at Home

**Stickers-** Have your child peel stickers from a sticker book and stick them onto a designated place eg onto an outline of the sticker or onto a hand drawn line.

**Play dough-** Have your child play with play dough. Rolling, cutting and squeezing play dough helps to strengthen the muscles in the hands. Your child can shape the play dough to make the letters in their name.

**Tongs-** Have your child move objects by using tongs from your kitchen drawer. Use a few cups or bowls and have your child pick up objects with the tongs and place in the bowls. You could use pasta, beads, pompom balls etc