

Writing Tips for Parents

Fine Motor Skills -

Kindergarten



Syllabus Links

- *GAESI.8* Demonstrates fundamental movement skills
- *ENe-3A*: Develop basic skills of writing, including correct pencil grip, good posture and handwriting

Advice for Parents

Fine motor skills are important in the development of muscle strength in the fingers and hand which children need in order to hold a pencil correctly and to write for a given amount of time. Fine motor activities encourage precision in completing a task and in developing hand eye coordination.

In Kindergarten, students are given many opportunities to develop their fine motor skills through fun play activities. You can help your child to develop these skills by having them play at home with a range of activities.

Activities for Home

Small Objects

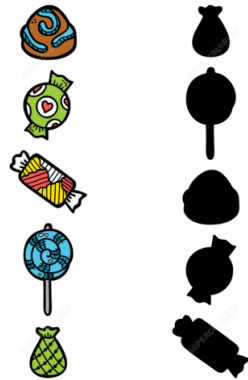
Task Description

Have your child move around small objects from one place to another. This helps with hand eye coordination and makes your child use and develop the small muscles in their hands. Plus, it's fun!

Stickers

*Use stickers to place along a hand drawn line.

*Use stickers to match up an outline of the sticker shape.



Buttons

*Use buttons to place along a hand drawn line.

*Write your child's name on paper and have them use buttons to place on the letters of their name.

*Use tongs to move buttons from one bowl to another.



Play Dough

Task Description

Play dough can be bought cheap from department stores or you can make your own. It is lots of fun and helps your child to strengthen the muscles in their hands. Use play dough to trace numbers and letters on cards and to trace a card with your child's name on it. The rolling, cutting, squeezing and pinching actions are great for your child's small muscles.



Threading

Task Description

Having your child thread objects helps strengthen muscles in the fingers, develops hand eye coordination and precision. Thread buttons, tube pasta, cup cake cases, beads, cereal, cut up straws or leaves onto skewers, shoe laces, wool, cord, or pipe cleaners.

